

NORTH YORKSHIRE COUNTY COUNCIL – SPRING 2019 – CHOICE MENU

	Week 1 Served w/c 7th & 28th Jan, 18th Feb, 18th March, 8th April	Week 2 Served w/c 14th Jan, 4th Feb, 4th & 25th March	Week 3 Served w/c 21st Jan, 11th Feb, 11th March, 1st April
M O N D A Y	Organic Pork Meatballs in a Rich Tomato Sauce & Pasta (v) Vegetable Gratin Peas & Sweetcorn Sunflower Seed Bread **** Banana Muffin Fresh Fruit or Organic Yoghurt	Salmon Nibbles Tomato Sauce (v) Cheese Topped Veggie Burger Peas & Coleslaw Potato Wedges ***** Scones and Jam Fresh Fruit or Organic Yoghurt	Crispy Battered Fish (v) Taffy's Pie (Leek & Potato Bake) Mushy Peas & Beetroot Salad Chipped Potatoes Apricot & Seed Bread ***** Rice Pudding Fresh Fruit or Fruit Yoghurt
T U E S D A Y	Cottage Pie (v) Jacket Potato Carrots & Savoy Cabbage Crusty Wholemeal Baguette ***** Roly Poly & Custard Fresh Fruit or Organic Yoghurt	Crispy Chicken Bites with Tomato Salsa & Chipped Potatoes (v) Vegetable Korma & Rice Green Beans & Cauliflower Garlic Bread ***** Lemon & Poppy Seed Cake & Custard Fresh Fruit or Organic Yoghurt	Chicken Korma & Rice (v) Jacket Potato Broccoli & Cauliflower Naan Bread ***** Apple Tart & Custard Fresh Fruit or Organic Yoghurt
W E D N E S D A Y	Roast Chicken with Sage & Onion Stuffing & Gravy (v) Potato, Spinach & Lentil Bake Medley of Vegetables Roast Potatoes Sliced Wholemeal Bread ***** Apricot Cereal Bar Fresh Fruit or Fruit Yoghurt	Sausages and Yorkshire Pudding (v) Ratatouille with Yorkshire Pudding Creamed Potatoes Savoy Cabbage & Swede, Carrot & Parsnip Herbie Bread ***** Raspberry Bun Fresh Fruit or Fruit Yoghurt	Minced Beef Pie (v) Cowboy Bake Medley of Vegetables Sweet Potato Mash Poppy Seed Bread **** Krispie Cereal Bar Fresh Fruit or Fruit Yoghurt
T H U R S D A Y	Mexican Beef Tortilla Boat & Rice (v) Vegetable Stew & Dumplings Mixed Salad with Grated Carrot ***** Pineapple Shortcake & Custard Fresh Fruit or Organic Yoghurt	(v) Quorn Keema & Rice (v) Macaroni Cheese Broccoli & Carrots Crusty Wholemeal Baguette ***** Peach Crisp and Custard Fresh Fruit or Organic Yoghurt	Yorkshire Ham & Tomato Pasta (v) Shepherdess Pie Sweetcorn & Broccoli Wholemeal Bread ***** Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Organic Yoghurt
F R I D A Y	Young's Fish Fingers (v) Jacket Potato Carrot Sticks & Apple Salad Chipped Potatoes Cheese & Onion Flat Bread ***** Digestive Biscuit, Cheese & Grapes Fresh Fruit or Fruit Yoghurt	Pasta Bolognaise (v) Cheese and Onion Quesadilla Peas & Carrots Tomato Bread **** Orange Brownie & Custard Fresh Fruit or Organic Yoghurt	(v) Margherita Pizza (v) Italian Vegetable Pasta Veg Sticks & Fruity Pasta Salad Diced Potatoes **** Artic Roll and Fruit Fresh Fruit or Organic Yoghurt