

Spring Term 2018 : Menu Choice

	WEEK 1 served w/c: 08/01, 29/01, 26/02, 19/03	WEEK 2 served w/c: 15/01, 05/02, 05/03, 26/03	WEEK served w/c: 22/01, 19/02, 12/03
Monday	Organic Beefburger in Homemade Bun <i>Jacket Potato (v)</i> Peas and Sweetcorn Chipped Potatoes Chewy Oat and Seed Bar Fresh Fruit & Organic Yoghurt	Quorn and Vegetable Fajita <i>Cheese Catherine Wheel (v)</i> Broccoli and Sweetcorn Potato Wedges Herbie Bread Rhubarb and Apple Crumble with Custard Fresh Fruit & Organic Yoghurt	Battered Fish <i>Cauliflower and Broccoli Cheese Bake (v)</i> Peas and Coleslaw Chipped Potatoes Sliced Wholemeal Bread Raspberry Bun and Apple Wedge Fresh Fruit & Organic Yoghurt
Tuesday	Pasta Bolognese <i>Shepherdess Pie (v)</i> Peas and Carrots Tomato Bread Orange Brownie and Custard Fresh Fruit & Organic Yoghurt	Chicken Korma and Rice <i>Vegetable Stew and Dumplings (v)</i> with Baked Potato Green Beans and Carrots Naan Bread Treacle Sponge and Custard Fresh Fruit & Organic Yoghurt	Bacon and Tomato Pasta <i>Vegetable Korma and Rice (v)</i> Broccoli and Sweetcorn Wholemeal Bread Apple Strudel and Custard Fresh Fruit & Organic Yoghurt
Wednesday	Roast Chicken with Sage and Onion Stuffing and Gravy <i>Potato, Spinach and Lentil Bake (v)</i> Carrots and Savoy Cabbage Roast Potatoes Sliced Wholemeal Bread Rice Pudding and Mandarins Fresh Fruit & Organic Yoghurt	Roast Pork, Apple Sauce and Gravy <i>Vegetable Roast (v)</i> Creamed Potatoes Savoy Cabbage and Swede Herbie Bread Digestive Biscuit, Cheese and Grapes Fresh Fruit & Organic Yoghurt	Beef Cobbler <i>Taffy's Pie (v)</i> Medley of Vegetables Sweet Potato Mash Poppy Seed Bread Date, Oat and Ginger Cookie with Glass of Milk Fresh Fruit & Organic Yoghurt
Thursday	Mexican Beef Chilli and Rice <i>Green Garden Vegetable Bake (v)</i> Peas and Sweetcorn Sunflower Seed Bread Chocolate Pear Fudge Pudding with Chocolate Sauce Fresh Fruit & Organic Yoghurt	Breaded Salmon Nibbles Tomato Sauce <i>Vegetable Risotto (v)</i> Broccoli and Sweetcorn Sauté Potatoes Oaty Brown Bread Shortbread Finger and Yoghurt Fresh Fruit & Organic Yoghurt	Chicken Stir Fry with Noodles <i>Jacket Potato (v)</i> Cauliflower and Roast Carrots Crusty Wholemeal Baguette Lemon Drizzle Cake and Custard Fresh Fruit & Organic Yoghurt
Friday	Fish Fingers <i>Vegetable Moussaka (v)</i> Carrot Sticks and Apple Salad Diced Potatoes Pitta Bread Forest Fruits Flapjack Fresh Fruit & Organic Yoghurt	Bangers and Mash with Onion Gravy <i>Cowboy Bake (v)</i> Medley of Vegetables Crusty Wholemeal Baguette Carrot Cake Muffin Fresh Fruit & Organic Yoghurt	<i>Margarita Pizza (v)</i> Tuna Jacket Potato Veg Sticks and Fruity Pasta Salad Garlic Bread Grannies Crunch and Orange Fresh Fruit & Organic Yoghurt