

14th July 2023

FRIDAY NEWS

A nurturing family, learning together



Message from Mrs Besharati and Mrs McGregor

As I am sure everyone will be aware, there is only one more week to go until 'School's out for Summer' - meaning this will be the FINAL Friday News of the academic year.

By way of a reminder, school will CLOSE at 1.00pm on Friday 21st July 2023.

This year has been incredibly busy; as a school we do feel very privileged to have shared children's learning journeys with them and feel that as a whole school community we should be celebrating children's achievements.

End of Year Reports will be going home with children later today, hopefully there will be some very proud parents/carers. We would love to receive some feedback from children's reports, so please do complete and return the feedback forms that have been provided. If you have any questions, concerns, or would like to discuss the content of your child's report, please do not hesitate to get in touch with the school.

Next week, on Tuesday 18th July, there will be the opportunity for all children to join in with a very special 'Seaside' themed lunch. On the menu: **Flipper Dippers, a Veggie Dog or Jacket Potato Chocolate Ice-Cream Roll, Fresh Fruit or Yoghurt.** Meals are priced at £2.50 per child in Nursery, FREE of charge for ALL children in Reception, Years 1 and 2 and £2.95 per meal for children in years 3,4,5, and 6. Meals are also FREE if your child is eligible for Free School Meals. There is no need to pre-order, the Seaside Special can be ordered during registration on the 18th July. Can parents/carers please ensure that they make any payment due via Parentpay.

Can we once again encourage parents/carers to check their child's Parentpay accounts and ensure that all payments are up-to date. This is especially important if your child is in Year 6. Please remember that if you are struggling to meet any payments, to contact the school sooner rather than later.

Whilst we are unable to officially report on our end of year data, this year we are absolutely delighted with

all our results – which truly reflect just how hard children have worked, learnt and grown over the year. **WELL DONE.**

On Wednesday 12th July aspiring thespians from Badger, Fox and Owl class performed in front of a captive audience when the 'curtains came up' for both a matinee and evening performance of 'Cinderella Rockafella'. Can we say a MASSIVE well done to all the children who took part in this performance. We are sure that members of the audience will agree the performance was truly magical, with some hilarious moments which really showcased the amazing talent of children here at the school. Thank you also to members of staff who have worked endlessly supporting children, encouraging them and ensuring they have the confidence to shine.

We would also like to thank everyone who made a voluntary contribution at the end of the performances, we managed to raise £136.00.

Thank you also to our wonderful FOBS who kindly provided refreshments at both performances helping to raise even more important funds for the school.

Despite the weather trying to put a dampener on proceedings, our Early Years Foundation Stage Teddy Bears' Picnic was thoroughly enjoyed by all that joined in! There were certainly lots of very loved teddy bears joining children and parents/carers on the day, even if the picnic had to be re-located indoors at the very last minute!

Next academic year, we have secured PE sessions for children with Kanga Sports together with whole Class Music Lessons for children in Hedgehog, Rabbit, Badger, Fox and Owl. We will also be launching an 'After School Multi-Sports Club' on Tuesday evenings for children in KS2. Sessions will need to be pre-booked and spaces will be limited. More information will be sent home during the first week back in September.

Finally, next Friday will be the last day at Bentham C P School for not only myself and all of our year 6 children, but also for Mrs Fawcett, Mr Edmondson, Miss Richardson and Miss Harrison.

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Primary School

On behalf of the whole school community we would like to wish children in Year 6 all the very best as they enter the next stage of their educational journey, and those members of staff that are leaving us the very best for the future. You will all be missed.

On the last day of term, we will be holding a 'Leavers' Assembly' for children in Year 6. Parents/carers of children in Owl Class are invited to come along and join children in this celebration of their time here at Bentham Community Primary School. Assembly will start at 9.15am. As is usually the case with Leavers' Assemblies we cannot guarantee that you will not need a couple of tissues with you!

On a personal note, I would like to thank everyone for making me feel so welcome at Bentham Primary. It is always difficult stepping into an Interim role but the school community have been embracing and continued to live out the vision of the school. I will very much miss everyone. I wish Bentham all the best as it continues its journey onwards and upwards.

Have a wonderful Summer, enjoy some family time, re-charge those batteries in readiness for school re-opening on Wednesday 6th September!

Mrs Besharati and Mrs McGregor

Please remember to visit our school website and Facebook page to see what else our children have been or will be getting up to.

Safeguarding Information – Keeping Children Safe

Breathe easy

"He would have been much too young and would have been much too weak to release himself."

Coroner's report, blind cord strangulation

Such a scary thought that something could stop your child breathing. But, the steps to stop that happening are simple and make sense.



Window blinds – It can take just 15 seconds for a toddler to lose consciousness if a blind cord is caught around their neck – and they can die in just two to three minutes.

- Fit a cleat hook or tensioner to keep blind cords and chains safely away and always use them. New blinds should come with these
- Consider cord free blinds for children's rooms
- Remember children may climb and get higher than you think. Move bedroom furniture away from cords and chains
- Make sure the cords on the back of Roman blinds are connected using a device that breaks under pressure.



Sleeping and slings – babies can be suffocated by things they can't push away.

- A clear cot is a safe cot – avoid duvets, pillows and cot bumpers
- Don't sleep on the sofa with your baby as it increases their chances of suffocation massively
- If you're exhausted or have been drinking or smoking, or if they are premature or low birth weight, don't sleep with your baby in your bed
- Follow the T.I.C.K.S advice for slings or carriers www.babyslugsafety.co.uk



Nappy sacks – young babies naturally grasp things and pull them to their mouths, but aren't able to pull them away. They can suffocate on flimsy nappy sacks.

- Store nappy sacks well out of reach of babies
- Never store nappy sacks under the cot mattress



Choking – babies and young children are still learning to chew, swallow and breathe in the right order. There's no sound to warn you. But there are simple ways to stop it happening.

- Don't prop a baby's bottle up to feed them
- Cut round food like grapes, tomatoes and big blueberries in half lengthways or quarters, not just across
- Cut hard food like carrots, apples, sausages and cheese into thin strips, and chop nuts up small
- Avoid popcorn, marshmallows and hard round sweets like mini eggs or boiled sweets
- Put small parts from older children's toys out of reach
- Watch the Chokeables film for first aid advice www.sja.org.uk/thechokeables

Dates for your Diary

Monday 17th July 2023

Creamy Cheese and Tomato Pasta
Quorn Sweet and Sour
Jacket Potato

Tuesday 18th July 2023

Special SEASIDE LUNCH
Summer Reading Challenge Assembly

Wednesday 19th July 2023

Cottage Pie
Cheesy Potato Bake
Jacket Potato

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2.30pm Ladybird/Butterfly Class Teddy Bear Tea Party with Parents.

Thursday 20th July 2023

Chicken Korma
Veggie Korma
Jacket Potato

Friday 21st July 2023

Hot Dog
Veggie Bite Sub
Jacket Potato

9.15am Year 6 Leaver's Assembly. Parents/carers of children in OWL CLASS.

NO BABY AND TODDLER GROUP

SCHOOL CLOSING AT 1.00PM.

Future Dates for your Diary

Monday 4th September 2023

Inset Day : SCHOOL CLOSED TO CHILDREN

Tuesday 5th September 2023

Inset Day : SCHOOL CLOSED TO CHILDREN

Wednesday 6th September 2023

School Re-Opens

Sausage and Yorkshire Pudding
Veggie Sausage and Yorkshire Pudding
Jacket Potato

Thursday 7th September 2023

Chicken Korma
Veggie Korma
Jacket Potato

Friday 8th September 2023

Pizza
BBQ Quorn Wrap
Jacket Potato

Tuesday 12th September 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 15th September 2023

1.00pm Swimming Lessons (Year 6)

Tuesday 19th September 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 22nd September 2023

No Swimming (Year 6)

2.15pm Harvest Festival at St John's Low Bentham :
Hedgehog/Rabbit/Badger/Fox/Owl

Tuesday 26th September 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 29th September 2023

Swimming Lessons : Year 6

Tuesday 3rd October 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 6th October 2023

Swimming Lessons : Year 6

Tuesday 10th October 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 13th October 2023

Swimming Lessons : Year 6

Tuesday 17th October 2023

Kanga Sports/Music Lessons
AM : Badger, Fox, Owl
PM : Rabbit Hedgehog

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3.30p – 4.30pm Multi-Sport After School Club

Friday 20th October 2023

Swimming Lessons : Year 6

Tuesday 24th October 2023

Kanga Sports/Music Lessons

AM : Badger, Fox, Owl

PM : Rabbit Hedgehog

3.30p – 4.30pm Multi-Sport After School Club

Friday 27th October 2023

Swimming Lessons : Year 6

Monday 30th October – Friday 3rd November 2023

Half Term Holidays.

Bentham Pantry

Feeling the pinch? Join 'The Pantry'

Open Wednesdays 11.00am to 12.00 noon and
3.30pm to 5.00pm.

Bentham Methodist Church, Station Road.

A donation of £1.00 would be appreciated.

Contact 07942 364606

PIONEER PROJECTS Working in partnership with
NORTH YORKSHIRE COUNCIL

Ready, Set, Read!

with
ESMEË HOLGATE
at Bentham Community Library

Sign up for the Summer Reading Challenge with Bentham's own GBR Judo Squad athlete Olympic hopeful, Esmeë Holgate!

Bentham Community Library
Saturday 15 July • 10.30 am - 12 noon
01609 534535
library@pioneerprojects.org.uk

THE READING AGENCY **SUMMER READING CHALLENGE**

A summer of SEND Family activities at SELFA

Monday 24th July - HART Animals visit, 10am-12pm at SELFA

Wednesday 26th July - Settle Swimming Pool & Picnic

Monday 31st July - Bouncy Castle & Fruit Kebabs, 10am-12pm at SELFA

Thursday 3rd August - Zen 9&D Sensory, Harrogate

Thursday 10th August - Spirit of Endeavour Canal Boat Trip

Friday 11th August - Obstacle Courses & Pancakes 10am-12pm at SELFA

Monday 14th August - Den Building & Smoothies, 10am-12pm at SELFA

Thursday 17th August - Outdoor Adventure at Buckden House

Monday 21st August - Water play & Fruit Kebabs, 10am-12pm at SELFA

Thursday 24th August - Trampoline at The Jump Works, Accrington

Monday 28th August - Bendrigg Outdoor Centre

Wed 30th August - Bouncy Castle & Ice Cream Sundaes 10am-12pm at SELFA

For more info or to book a place contact admin@selfa.org.uk or call us on 01756 539110

SELFA
YOUR LOCAL CHILDREN'S CHARITY

PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

COURTESY OF MONEY SAVING CENTRAL

ASDA Kids eat for £1 All Day. Every Day at Asda cafes, with no adult spend required.	MORRISONS Spend £4.49 & get one free kids meal all day, every day.
TESCO Kids eat free with a purchase of £60+ from Mon 24 th July - Fri 1 st September 2023	GORDON RAMSEY RESTAURANTS Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants
SAINSBURY'S CAFES Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.	PRETO Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms
BEEFEATER & BREWERS FAYRE Two children under 16 can get a free breakfast every day with one paying adult!	BILLS 2 kids eat FREE all day, every day from Monday 24 th July - Friday 1 st Sept 2023
THE REAL GREEK Kids under 12 eat FREE every Sunday for every £10 spent by an adult	BELLA ITALIA Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.
TABLE TABLE Two children under 16 can get a free breakfast every day with one paying adult!	WHITBREAD INNS Two kids under 16 eat for FREE with every adult breakfast purchased
TRAVELodge Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	SA BRAINS PUBS Children can eat for £1 with any adult main. Valid All Day Wednesdays
HUNGRY HORSE Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast	FUTURE INNS Under 12's eat for free with any adult meal. During the school holidays
PREMIER INN Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	PAUSA CAFE @ DUNELM Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm
SIZZLING PUBS Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.	YO! SUSHI From Mon 17 th of July until Fri 11 th of Aug kids eat free with every £10 adult spend
IKEA Kids get a meal from 95p daily from 11am	TO BE CONFIRMED... M&S and Farmhouse Inns

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Bentham Community
Primary School



we are kirkby lonsdale

The Community Cupboard -

Kirkby Lonsdale and surrounding villages - 4 h · 📍

Dropping our Kids' cinema lineup! We have a very exciting mix of new films as well as some old classics and maybe one or two you haven't seen before!

Films run every Wednesday during the holidays (26th July - 30th August) at The Lunesdale Hall. This Summer we will be providing Lunch for everyone - a selection of sandwiches, crisps and fruit and soft drinks at 12 noon. The film will then start at 12.30 pm with activities provided in the Bective Room.

All our ventures are pay as you can, so do come along and join us if you can!



Rules

WORRIED THE KIDS WILL SOON BE EATING YOU OUT OF HOUSE AND HOME?

Here at Hungry Horse, we're doing everything we can to make parents lives a little easier, that's why this school holiday we have selected **two adult's mains accompanied with two Kids' meal deal for just £15 available all day every day from the 1st July to 3rd September!**

Step 1- CHOOSE 2 x adult meals from the Pub Classics section of our main menu

Step 2- CHOOSE 2 x kids meal deals from our Kids' Menu

Optional upgrades

UPGRADE TO A LARGE kids main included in your meal deal for an extra 50p per child

ADD UP TO 2 more children for only £2.50 each!

Junior Herbalist Club September 9th 9.15

Find out all about
herbs and weeds at
Junior Herbal Club

Make
bathbombs
infused oils
balms
throat coats



forage
weeds

Grow
seeds

Venue: Looking well, Bentham
Contact Tracy 079 230 230 75



theherbsmith's garden

This club is run by a qualified medical herbalist and Junior Herbalclub leader.
It is supported by the National Institute for Medical Herbalists



Fun Summer Activities For the Kids at Ingleton Pool

Kids Water Confidence and Swimming Improver Sessions

5 day course
Monday 31st July - Friday 4th August
9.30 - 10.00 and 10.00 - 10.30
£25 per week

All ages and abilities welcome. Please note that if your child is unable to stand in the shallow end, they must be accompanied into the pool by an adult.

Water Polo

5 day course for ages 8 - 11
Monday 7th August - Friday 11th August
9.30 - 10.30
£25 per week

Please note, participants must be able to swim unaided in the deep end.

Water Polo

5 day course for ages 11-16
Monday 14th August - Friday 18th August
9.30 - 10.30
£25 per week

Please note, participants must be able to swim unaided in the deep end.

For more information or to reserve a place, please email:
lessons.ingletonpool@gmail.com