Message from Mrs Besharati and Mrs McGregor

Welcome back after the half-term holidays. We hope that everyone managed some 'family time' and to enjoy the absolutely glorious weather!

With the sun shining, can we please remind parents/carers that as a school we believe in promoting Sun Safety to help ensure all children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

### We do encourage:

- seek shade, particularly during the middle of the day.
- wear suitable sun-hats
- wear clothing that protects the skin, particularly for outdoor activities and school trips
- use a high factor sunscreen (SPF 15+).

We would ask that parents/carers encourage children to bring and wear a hat at school, and also encourage the use of longer sleeved shirts and longer shorts when children are outdoors.

Parents/carers are asked to apply a long-lasting sunscreen BEFORE school. Sun-screen will only be required at school for use during school trips and will have to be applied by children whilst being supervised by staff. Please also remember that school does not permit the use of aerosol sprays.

The Friends of Bentham School will once again be hosting their fundraising Summer Fair on the evening of Friday 16<sup>th</sup> June. Any donations of 'jumble' that can be sold to raise funds, or prize donations for the Tombola stall would be very much appreciated. Can any donations please be left at school by Thursday 15<sup>th</sup> June 2023. Thank you.

This week, children in Year 6 have been busy with their £10.00 Enterprise Challenge. Children are busy creating saleable items to help raise funds for their residential visit to Keswick. These items will be on sale after school on Monday, Tuesday, Wednesday and Thursday next week. Please do pop along at home time, make a purchase, support children's efforts, and help them fundraise for their visit! Thank you.

Earlier this week, e-vouchers have been sent home to those families whose children have been identified as being eligible for FREE access to activities over the Summer holiday as part of the FEAST programme (children eligible for benefits related Free School Meals and who those who regularly attend SELFA). The voucher scheme will allow families to book school holiday activities that are part of the FEAST programme using the online platform HolidayActivities. If you have any questions about FEAST please e-mail

#### hello@northyorkshiretogether.co.uk

If you have not received an e-voucher and think you are eligible, please contact the school (remember to check your Junk Folder).

If you have any questions about the e-voucher or booking process please contact HolidayActivities directly on 024 771 80823.

On Wednesday 14<sup>th</sup> June a team of children will be taking part in a Swimming Gala at Settle Swimming Pool. If your child has put themselves forward to represent the school, can parents/carers please ensure that reply slips giving consent have been returned and that children come to school on the day for no later than 8.45am wearing jogging bottoms and a suitable sweatshirt/hoodie over the top of their swimming kit. Children should bring with them a water bottle, healthy snack, towel, goggles (if using) together with their school uniform to change into upon their return to school.

Finally, with apologies for any inconvenience, the FREE Parent Wellbeing Support Class being run by SELFA here at the school will now be taking place on WEDNESDAYS and not Tuesdays as previously advertised. The first session will be between 2.15pm and 3.15pm on Wednesday 14<sup>th</sup> June in the Community Room.

Have a lovely weekend.

Mrs Besharati and Mrs McGregor

Winner of this week's Attendance Reward: OWL This means a non-uniform day for children in OWL on Monday 12<sup>th</sup> June 2023.

Safeguarding Information - Keeping Children Safe

# Safe from burns

Everyone in the burns unit was there because of an accident. In a split second their whole life changed.

Mum of little boy bu

A small child's skin burns really easily as it's so thin. Here's how to prevent serious burns:



- Watch out for fast little fingers when you're making a hot drink. Push your mug to the back of the worktop before you reach for the milk
- · Look for out-of-reach safe spots to put your hot drink down
- Make it a habit to put your child down before you pick up your drink

**WHair straighteners** – can get as hot as your iron and can still burn 15 minutes after they are switched off.

- . Keep hot hair straighteners and wands out
- · Put them in a heat-proof pouch or on a high shelf to cool.

**Button batteries** – if a child swallows a button battery and it gets stuck, it can burn a hole and cause internal bleeding and even death.

- . Keep any loose batteries out of reach and dispose of 'flat' batteries quickly and safely
- · Keep objects with easy to access button batteries

Magnetic toys – high-strength magnets in toys can rip through the gut if your child swallows them.

Buy from a reputable retailer or a brand name you know. Avoid online marketplaces.

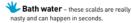






Cooking – young children won't al ething that's burning them. They may forget the rules about not touching hot things

- Push kettles to the back of the worktop and use the back rings of the cooker first
- If you're able to, keep children away from the kitchen when you're cooking. Or try to keep them in a highchair and away from the cooker if not.



- Put cold water in first then top up with hot.
- . Test the temperature of the water with your bow before putting your child into the
- Stay with your child in the bathroom in case they fiddle with the hot tap.

## 🖐 Staying warm

- . Move cots away from radiators. Then your baby can't get their arm or leg trapped against the heat
- · Fit fireguards around fires and heaters
- Check your hot water bottle for wear and tear Replace every two years.



## **Dates for your Diary**

## Monday 12th June 2023

Quorn Nuggets with Ketchup Cheesy Bean Parcel Jacket Potato

#### Tuesday 13th June 2023

BBQ Chicken Wrap with Rainbow Rice Veggie Bolognaise and Pasta Jacket Potato

#### Wednesday 14th June 2023

Roast Gammon Veggie Sausage Jacket Potato

## Thursday 15th June 2023

Spaghetti Bolognaise **Sweet Potato Curry** Jacket Potato

PM: Tennis (Rabbit/Badger)

#### Friday 16th June 2023

Fish Fingers Veggie Roll Jacket Potato

- 1.00pm Badger Class Swimming Lesson
- 3.30pm FOBS SUMMER FAIR

## **Future Dates for your Diary**

## Visit to Bentham Library

Monday 12th June 2023 at 1.30pm: Owl Class

## QES Transition talk at Bentham C P School Tuesday 13<sup>th</sup> June 2023

**SELFA Parent Wellbeing Support Class** Wednesday 14th June 2023 from 2.15pm to 3.15pm

**FOBs Summer Fair** 

Friday 16th June 2023

## Visit to Bentham Library

Monday 19th June 2023 at 1.30pm: Fox Class

## **Class Photos**

Tuesday 20th June 2023 (AM)

#### SELFA Parent Wellbeing Support Class

Wednesday 21st June 2023 from 2.15pm to 3.15pm

#### Sports Day

Wednesday 21st June 2023 from 1.30pm (Reserve date Monday 3<sup>rd</sup> July 2023).

## **QES** Welcome Evening for Parents and Pupils

Thursday 22<sup>nd</sup> June 2023 at 6.00pm

#### Be Brave, Be Bright!

Friday 23rd June 2023: Fundraising for SELFA

## Hedgehog Class visiting Carnforth Station Monday 26th June 2023

<u>Year 6 Residential Visit to Keswick</u> Monday 26<sup>th</sup> June to Friday 30<sup>th</sup> June 2023 Inclusive

<u>SELFA Parent Wellbeing Support Class</u> Wednesday 28th June 2023 2.15pm to 3.15pm

Reserve Sports Day Monday 3<sup>rd</sup> July 2023

<u>Induction Morning for Year 7 Pupils (QES)</u> Monday 3<sup>rd</sup> July 2023

Visit to Bentham Library

Monday 3<sup>rd</sup> July 2023 at 1.30pm: Hedgehog Class

Visit to Bentham Library

Tuesday 4th July 2023 at 1.30pm: Rabbit Class

<u>SELFA Parent Wellbeing Support Class</u> Wednesday 5th July 2023 2.15pm to 3.15pm

Year 6 Transfer Evening at Settle College

Tuesday 4<sup>th</sup> July 2023: TBC

<u>Year 6 Transfer Day at Settle College</u> Wednesday 5<sup>th</sup> July 2023 : TBC

Governors' Meeting

Thursday 6<sup>th</sup> July 2023 at 5.00pm

End of Year Production Dress Rehearsal Monday 10<sup>th</sup> July 2023 : Years 4,5 and 6

<u>SELFA Parent Wellbeing Support Class</u> Wednesday 12<sup>th</sup> July 2023 2.15pm to 3.15pm.

End of Year Production Performances
PM and Evening

Wednesday 12th July 2023 : Years 4,5 and 6

End of Year Reports to Parents/Carers Friday 14<sup>th</sup> July 2023

<u>SELFA Parent Wellbeing Support Class</u> Wednesday 19th July 2023 2.15pm to 3.15pm

<u>Last Day of Term</u> Friday 21<sup>st</sup> July 2023 PLEASE NOTE THE FOBS BABY AND TODDLER GROUP WILL NOT BE RUNNING ON THE LAST DAY OF TERM

9:15am - Year 6 Leaver's Assembly

Celebration Assemblies (3.00pm) with the EXCEPTION of Year 6 Leavers' Assembly or where otherwise stated.

Date	Parents/families of children in below House Groups invited
09/06/2023 23/06/2023	Ruby/Sapphire
16/06/2023 (9.00am) 30/06/2023	Amber/Emerald

#### PE Days

Ladybird Monday (PM)

Friday (AM) Forest School

Butterfly Thursday (AM)

Hedgehog Tuesday (PM)

Thursday (PM)

Rabbit Monday (PM)

Thursday (PM) Tennis

Badger Thursday (PM) Tennis

Friday (PM) Swimming

Fox Wednesday (PM)

Friday (PM)

Owl Tuesday (PM)

Wednesday (PM)

### Bentham Pantry

Feeling the pinch? Join 'The Pantry'

Open Wednesdays 11.00am to 12.00 noon and 3.30pm to 5.00pm.

Bentham Methodist Church, Station Road.

A donation of £1.00 would be appreciated. Contact 07942 364606



#### Change Makers Early Years Inclusion Project Open Parent Meeting 13.6.23, online from 7-8.30pm

The meeting will take place online for ease on the **13th June from 7-8.30pm** and we will be joined by some of our existing parents. Please follow the link here to book your place and find out more!

Change Makers Early Years Inclusion Project Open Parent Meeting Tickets, Tue 13 Jun 2023 at 19:00 |
Eventhrite

The meeting is for any parents/carers, grandparents or any other support networks and organisations in your area who want to know more and be part of positive change.

At the session you can join with or without your camera on, and feel free to share your experiences and ideas in the chat if you wish! You will meet the national project leads, here what the project is aiming to achieve and hear how successful it is so far. We will also share how are parent/carers already involved have been crucial to its success, and how you might get involved.

We very much hope you can join us in this inclusion movement!

NB Local Authority areas who are currently taking part in our project include: Bournemouth Christchurch and Poole Council, Dorset Council, Lambeth Council, Slough Borough Council, Solihull Metropolitan Borough Council, Southampton City Council, Swindon Borough Council, Reading Borough Council, Wiltshire County Council, Worcestershire County Council, Birmingham, Bristol, Calderdale, Gloucestershire, Herefordshire, Manchester, North Yorkshire, Redbridge, Somerset, Wandsworth.

For more info about us go to www.dingley.org.uk



Patrons Christopher Khoo DL & Naomi Khoo and Helene Raynsford

Are you a parent/carer (or grandparent) of a child with SEND? Do you sometimes feel overwhelmed with things being unfair? Are you passionate about inclusion and being part of positive change?

We at Dingley's Promise are passionate about inclusion and are currently working in your area to improve things for young children so that they can take part in early years provision (childminders, day nurseries, preschools, and school nurseries). We know all too well that many families with young children with SEND are not able to take up their full early years entitlements at the moment. We also understand the huge impact this can have. Our Comic Relief funded project is delivering training in your area to turn that issue around. We have 6000+ early years staff signed up across 21 areas taking part, and over 96% of those who complete it saying they can take more children with SEND as a result. We want to reach more!

We already have a small number of brilliant parent/carers who are helping to spread the word locally and are having a HUGE impact. Just knowing about the project and telling a few other people about it can help us to achieve our aims. They also tell us that being part of this project, linking up with other parents and connecting with us every now and then is helping them in the following ways;

- · Being part of positive change
- Feeling heard
- Making connections, friendship, and peer support

We would like to invite you to a short meeting to find out more about who we are, what the project is about, and how are you can help spread the word in small ways (and if you have time larger ways toot).

Remember, many hands make light work, so please, please also share this invitation to ANY other parents, carers, grandparents or other local support organisations or networks in your local authority area.















