

Bentham Community Primary School - PSHE Long Term Plan – Updated Sept 2022

	Year A	Year B	Year A	Year B			
	Year 1 & 2	Year 1 & 2	Year 2 & 3	Year 2 & 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun times <i>3 lessons</i>		Physical health and wellbeing What keeps me healthy? <i>3 lessons</i>		Physical health and wellbeing: What is important to me? <i>3 lessons</i>	Physical health and wellbeing: In the media <i>3 lessons</i>	Keeping safe and managing risk: Keeping safe - out and about + Objectives from Feeling Safe <i>4 lessons</i>
Autumn 2	Keeping safe and managing risk Feeling safe <i>3 lessons</i>	Keeping safe and managing risk Feeling safe <i>3 lessons</i>	Keeping safe and managing risk Indoors and outdoors+ Objectives from Feeling Safe <i>3 lessons</i>	Keeping safe and managing risk Bullying – see it, say it, stop it + Objectives from Feeling Safe <i>4 lessons</i>	Keeping safe and managing risk: Playing safe + Objectives from Feeling Safe <i>4 lessons</i>	Keeping safe and managing risk: When things go wrong + Objectives from Feeling Safe <i>3 lessons</i>	Identity, society and equality: Stereotypes, discrimination and prejudice (including tackling homophobia) <i>3 lessons</i>
Spring 1	Mental health and emotional wellbeing Feelings <i>3 lessons</i>	Identity, society and equality Me and others <i>3 lessons</i>	Mental health and emotional wellbeing Friendship <i>3 lessons</i>	Drug, alcohol and tobacco education Tobacco is a drug <i>4 lessons</i>	Drug, alcohol and tobacco education: Making choices <i>4 lessons</i>	Mental health and emotional wellbeing: Dealing with feelings <i>3 lessons</i>	Drug, alcohol and tobacco education Weighing up risk <i>3 lessons</i>
Spring 2		Mental health and emotional wellbeing Feelings <i>3 lessons</i>	Drug, alcohol and tobacco education Medicines and me <i>4 lessons</i>	Identity, society and equality Celebrating difference <i>3 lessons</i>	Physical health and wellbeing: What helps me choose? <i>3 lessons</i>	Drug, alcohol and tobacco education: Different influences <i>3 lessons</i>	Mental health and emotional wellbeing Healthy minds <i>4 lessons</i>
Summer 1	Drug, alcohol and tobacco education What do we put into and on to bodies? <i>2 lessons</i>	Careers, financial capability and economic wellbeing My money <i>3 lessons</i>		Mental health and emotional wellbeing Strengths and challenges <i>3 lessons</i>	Careers, financial capability and economic wellbeing Saving, spending and budgeting <i>3 lessons</i>	Relationship education <i>Growing up and changing</i> <i>7 lessons</i>	Sex and relationship education <i>How a baby is made</i> <i>10 lessons</i>
Summer 2	YEAR 2 ONLY Relationship education <i>Boys and girls, families</i> <i>6 lessons</i>	YEAR 2 ONLY Relationship education <i>Boys and girls, families</i> <i>6 lessons</i>	YEAR 2 ONLY Relationship education <i>Boys and girls, families</i> <i>6 lessons</i>	YEAR 2 ONLY Relationship education <i>Boys and girls, families</i> <i>6 lessons</i>	Identity, society and equality: Democracy <i>3 lessons</i>	Identity, society and equality: Human rights <i>3 lessons</i>	Careers, financial capability and economic wellbeing: Borrowing and earning money <i>3 lessons</i>